

The Stonewall Generation: Lessons in Sex, Activism, and Aging from LGBTQ Elders

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Agenda

Finding Common Ground

Overview & Appreciations
Learning Objectives, Guidelines, & Intentions

Why It's Important to Study the History of LGBTQ Elders

Background
History of Stonewall Rebellion

Contributions to LGBTQ Movements

Meeting LGBTQ Elders
Narrative Themes

Resources

Web Resources
References

Galvanizing Moment

Summary of Learning Expectations: Tl;dr
ACTIVITY: Challenging Ourselves and Each Other

Closure

Feedback and Appreciations
Evaluations

Short Content Description

In the Stonewall generation, coming out took courage. It was a turbulent time, a time of fear, a time of secrecy. Intimate lives hidden in the shadows. And yet, in the midst of it all, the Stonewall generation has continued to fight for freedom, for rights, for love, and, yes, for sex.

Appreciations

Developing a curriculum is never done by a single individual. I want to express my deepest gratitude to Sherrill

Measurable Learning Expectations

At the end of this program, participants will be able to:

1. Identify the challenges for LGBTQ elders
2. Identify the strengths of LGBTQ elders
3. Apply one aspect of this training to inclusion of LGBTQ elders, especially LGBTQ elders of color, in your own work

Guidelines¹

To keep this session as productive as possible, please commit to:

1. Lead with love
2. Low ego / High impact
3. Move at the speed of trust

¹ These guidelines were drawn from Alicia Garza, Patrisse Cullors, and Opal Tometti, founders of the Movement for Black Lives Matter.

Intentions

In addition to the group learning objectives, please list your individual intentions for this session:

1. _____
2. _____
3. _____

Notes on the Presentation

Web Resources

1. [American Association of Sexuality Educators, Counselors, and Therapists](#): the leading organization that certifies, educates, and helps you find well-trained sexuality professionals [here](#).
2. [Centre for Sexuality](#): Canadian site for sexual health information on aging.
3. [National Institute on Aging](#): Health information on sexuality and aging.
4. [National Resource Center on LGBT Aging](#): A national technical assistance center on LGBT aging.
5. [Our Better Half](#): A podcast on sexuality for older adults, co-hosted by Drs. Jane Fleishman and Rosara Torissi.
6. [Our Bodies Our Selves](#): Renowned feminist health site offers information on sexuality and aging.
7. [Our Whole Lives](#): a sexuality education curriculum across the lifespan from Kindergarten to adulthood which now offers a wholistic sexuality education curriculum for older adults. Comprehensive and progressive, this program addresses sexuality with sensitivity and respect for older adults' wisdom and life experience, edited by Dr. Melanie Davis with a lesson plan by Dr. Jane Fleishman.
8. [PFLAG](#): Support for families and friends of LGBT family members.
9. [Sexuality and Aging](#): Information for older adults and caregivers through Widener University.
10. [SIECUS](#): Sex Ed for Social Change, a highly respected source for sexuality information and research.

Resources

- An Intersectional Approach to Services and Care for LGBT Older Adults, Adams M., Journal of the American Society on Aging, 2016.
www.LGBTagingcenter.org/resources/resource.cfm?r=818
- A Practical Guide to Collecting Data on Sexual Orientation Gender Identity, SAGE's National Resource Center on LGBT Aging, revised 2016.
www.LGBTagingcenter.org/resources/resource.cfm?r=601
- Crossing the Rainbow Bridge: A Resource Supporting End-of-Life Planning and Care Needs of LGBTQI2s Older Adults in Ontario. Egale Canada Human Rights Trust, 2017. Canada. www.egale.ca/crossing-rainbow-bridge/
- Fact Sheet: When LGBT Older Adults Come Out, SAGE's National Resource Center on LGBT Aging, 2017.
www.LGBTagingcenter.org/resources/resource.cfm?r=840
- Fleishman, J. M. (2016). Coming of age at the time of Stonewall: Internalized homophobia, sexual communication, resilience, relationship satisfaction, and sexual satisfaction in aging adults in same-sex relationships. (Unpublished dissertation). Widener University, Chester, PA
- Fleishman, J. M. Intimacy and LGBT Older Adults: Expressing Your Intimacy and Emotional Needs as LGBT Older Adults.
<https://www.LGBTagingcenter.org/resources/resource.cfm?r=905>
- Fleishman, J. M. (2017). Sexuality throughout the lifespan: Challenges and findings. *Quarterly Journal of the Life Planning Network*, 4(6), 25.
- Fleishman, J. M. (2017). Yes, older lesbians have sexual satisfaction. *To Bed or Not to Bed: Sex and the Older Lesbian*. Brookline, MA: Boston OLOC and Last Gasp Press.
- Fleishman, J. M., Crane, B., Koch, P. B. (in press). Correlates and Predictors of Sexual Satisfaction for Older Adults in Same-Sex Relationships. *Journal of Homosexuality*.
- Inclusive Services for LGBT Older Adults: A Practical Guide to Creating Welcoming Agencies, SAGE's National Resource Center on LGBT Aging, 2012. www.LGBTagingcenter.org/resources/resource.cfm?r=487 . Also available in Spanish:
www.LGBTagingcenter.org/resources/resource.cfm?r=665
- LGBT Aging: A Review of Research Findings, Needs, and Policy Implications, Williams Institute, UCLA School of Law, 2016.
www.LGBTagingcenter.org/resources/resource.cfm?r=825
- LGBT Ageing and Aged Care Resources website. Australian Government Department of Health— Ageing and Aged Care, 2018. Australia.
www.agedcare.health.gov.au/support-services/my-aged-care/LGBTageing-and-aged-care-resources

LGBT Programming for Older Adults: A Practical Step-by-Step Guide, SAGE's National Resource Center on LGBT Aging, 2015.

www.LGBTagingcenter.org/resources/resource.cfm?r=705

Prepare to Care, AARP and SAGE, 2017.

www.LGBTagingcenter.org/resources/resource.cfm?r=881

SAGE Global Report 2018: Public Attitudes Toward Aging Sexual and Gender Minorities Around the World (NYC, July 2018).

<https://www.sageusa.org/wp-content/uploads/2018/08/sageusa-global-report-2018-public-attitudes-aging-sexual-gender-minorities-around-world.pdf>

Ten Tips on Finding LGBT-Affirming Services, SAGE's National Resource Center on LGBT Aging, 2017.

www.LGBTagingcenter.org/resources/resource.cfm?r=4. Also available in Spanish: www.LGBTagingcenter.org/resources/resource.cfm?r=863

The Pink Passkey, the certificate for enhancing the social acceptance of lesbian women, gay men, bisexuals and transgenders in professional care. COC Netherlands, 2017. The Netherlands.

www.roze50plus.nl/assets/uploads/docs/knowledgebase/340.2d9a6dd520a64a723cd74fc727679a02.pdf

Top 10 Ways to Begin Creating LGBT Safety and Inclusivity for Aging Services, SAGE and the National Resource Center on LGBT Aging, 2012.

www.LGBTagingcenter.org/resources/resource.cfm?r=521